

presents

May
18
online

June
17
in-person

Leading Through Crisis: Strengthening Personal Resilience

Pandemic fatigue continues to impact leaders. Stress continues to build. While lifting mandates, vaccines, and waning infection rates offer hope, these circumstances do not change the fact that people are struggling – and may be for many months to come.

As responsive experts with a wealth of experience dealing with high-stress situations, The Loomex Group is offering facilitated and specialized learning for elected officials and business leaders to support building resilience and strength through and beyond the COVID-19 pandemic.

Two (2) workshops are being held this Spring: one virtually, and one in-person in the Peterborough Ontario area. Other dates/locations are available by request.

Please submit any questions to Amelia Valenti: avalenti@loomex.ca

The workshop will explore:

- healing practices and medicines facilitated by an Indigenous community leader;
- Five Guiding Principles for Trauma Informed Leadership;
- how to cultivate personal resilience and mindfulness;
- crisis communication tools; and;
- facilitated dialogue with other like-role participants.

May 18, 2022 (Online)

9:00 a.m. – 1:00 p.m.

Registration Fee:

\$160 plus HST*

*Cancellation fees in effect

Register: [Here](#)

June 17, 2022 (In-person)

9:00 a.m. – 3:00 p.m.

Registration Fee: \$199

plus HST*

*Cancellation fees in effect

Register: [Here](#)

